



Pack Sizes 10 x 1Kg

The more subtle flavoured cousin of the blackcurrant, the red variety finds a variety of applications, especially in desserts and sauces.

Nutritional Analysis per 100g frozen Redcurrants* Energy 95kJ(23kcal)/100g Available Carbohydrate 4.4g/100g Protein 1.1g/100g Total Available Sugars 4.4g/100g Total Fat 0.2g/100g

*Source The Concise New Zealand Food Composition Tables 3rd edition

